

MSC with Jorge Armesto beginning July 2023 – Mondays from 6PMPM – 8:30PM EST			
Date	Session	Time	Notes
July 10, 2023	Orientation	6:00PM – 7:30PM	1.5-Hour Session - MONDAY
July 24, 2023	Session 1	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
July 31, 2023	Session 2	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
August 7, 2023	Session 3	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
August 14, 2023	Session 4	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
August 21, 2023	Session 5	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
August 26, 2023	RETREAT	9:00AM – 12:00PM	3-Hour Session - SATURDAY
August 28, 2023	Session 6	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
September 4, 2023 – NO CLASS LABOR DAY			
September 11, 2023	Session 7	6:00PM – 8:30PM	2.5-Hour Session - MONDAY
September 18, 2023	Session 8	6:00PM – 8:30PM	2.5-Hour Session - MONDAY